What is a Meal?
ALL COMPONENTS ARE INCLUDED IN BREAKFAST
Grain or grain/protein
Fruit \& Fruit Juice (must take at least a $1 / 2$ cup) and
Choice of Milk - $1 \%$ white and fat-free chocolate

ALL STUDENTS MAY RECIEVE 1 FREE BREAKFAST DAILY

CELEBRATE
SURP로일
-UJ WITH ṢCHOOL BREAK NATONAI SCHO

Fruit May Include:
Apples
Oranges
Banana
or 100\% Fruit Juice
Yeumust have 1/2 cup fruit equivalent to gi.chase your breakfast for the school breakfast price.

Breakfast Prices STUDENTS 1 FREE DAILY

$$
\text { Adult \$2. } 10
$$

www.schoolcafe.com For Online Cafeteria Payments and nutritional information on menu items

General Manager
Tom Koscienski
Phone Number
814.371 .1016

Email: ma1073@metzcorp.com
USDA is an equal opportunity provider and employer.


Friday
Breakfast Taco
Maple flatbread, egg, cheese \& sausage link "HOT BREAKFAST"

Apple Slices
\&


Fresh Strawberries CHOICE OF MILK

Breakfast Tac
Maple flatbread, egg, cheese \& sausage link "HOT BREAKFAST"

## Apple Slices

\&
Fresh Strawberries CHOICE OF MILK

Breakfast Taco Maple flatbread, egg, cheese \& sausage link "HOT BREAKFAST"

Apple Slices
\&
Fresh Strawberries CHOICE OF MILK

Breakfast
Maple flatbread, egg, cheese \& sausage link "HOT BREAKFAST"

Apple Slices \&
Fresh Strawberries CHOICE OF MILK

Apply here for 24/25 school year jobs


