

DuBois SCHOOL DISTRICT ELEMENTARY BREAKFAST MENU



What is a Meal? **ALL COMPONENTS ARE INCLUDED IN BREAKFAST**

Grain or grain/protein **Fruit & Fruit Juice** (must take at least a 1/2 cup)

Choice of Milk - 1% white and fat-free chocolate

ALL STUDENTS MAY RECIEVE 1 FREE BREAKFAST DAILY



Fruit May Include: **Apples** Oranges Banana or 100% Fruit Juice You must have 1/2 cup fruit equivalent to chase your breakfast for the school breakfast price.

> **Breakfast Prices** STUDENTS 1 FREE DAILY

Adult \$2.10 www.schoolcafe.com For Online Cafeteria Payments and nutritional information on menu items General Manager Tom Koscienski **Phone Number**

814.371.1016

Email: ma1073@metzcorp.com USDA is an equal opportunity provider and employer Monday

Blueberry Muffin w/ goldfish crackers

Apple Slices

Orange, Tangarine Juice CHOICE OF MILK

Blueberry Muffin

w/ goldfish crackers

Apple Slices

Orange, Tangarine Juice

CHOICE OF MILK

Yogurt

w/ granola & goldfish crackers

Apple Slices

Fresh Orange Wedges CHOICE OF MILK

Wednesday

Egg, Ham & Cheese on Croissant "HOT BREAKFAST"

Apple Slices

Pear cup **CHOICE OF MILK**

Egg. Ham & Cheese

on Croissant

"HOT BREAKFAST"

Apple Slices

Thursday

Banana Chocolate Chunk Benefit Bar

Apple Slices

Fresh Banana CHOICE OF MILK

Banana Chocolate Chunk

Benefit Bar

Apple Slices

Friday

Breakfast Taco Maple flatbread, egg, cheese & sausage link "HOT BREAKFAST"

Apple Slices

Fresh Strawberries CHOICE OF MILK

10

Breakfast Taco Maple flatbread, egg, cheese & sausage link "HOT BREAKFAST"

Apple Slices

Fresh Strawberries **CHOICE OF MILK**

13

Blueberry Muffin w/ goldfish crackers

Apple Slices

Orange, Tangarine Juice **CHOICE OF MILK**

14

Yogurt w/ granola & goldfish crackers

Apple Slices

Fresh Orange Wedges CHOICE OF MILK

15

Egg, Ham & Cheese on Croissant "HOT BREAKFAST"

Apple Slices

Pear cup **CHOICE OF MILK**

22

Egg. Ham & Cheese

on Croissant

"HOT BREAKFAST"

Apple Slices

Pear cup

CHOICE OF MILK

16

Banana Chocolate Chunk Benefit Bar

Apple Slices

Fresh Banana **CHOICE OF MILK**

Breakfast Taco Maple flatbread, egg, cheese & sausage link

Apple Slices

23 Banana Chocolate Chunk Benefit Bar

Apple Slices

Fresh Banana CHOICE OF MILK

Breakfast Taco Maple flatbread, egg, cheese & sausage link "HOT BREAKFAST"

Apple Slices

Fresh Strawberries **CHOICE OF MILK**

Apply here for 24/25 school year jobs





Yogurt w/ granola & goldfish crackers

Apple Slices

Fresh Orange Wedges **CHOICE OF MILK**

Pear cup

CHOICE OF MILK

Fresh Banana **CHOICE OF MILK**

"HOT BREAKFAST"

Fresh Strawberries **CHOICE OF MILK**

20

Blueberry Muffin w/ goldfish crackers

Apple Slices

Orange, Tangarine Juice **CHOICE OF MILK**

21

Yogurt w/ granola & goldfish crackers

Apple Slices

Fresh Orange Wedges CHOICE OF MILK

28 Blueberry Muffin w/ goldfish crackers

> Fruit &

Juice **CHOICE OF MILK** 29

LAST STUDENT DAY HAVE A **GREAT** SUMMER!!!! 30