

May
2024



DuBois SCHOOL DISTRICT ELEMENTARY LUNCH MENU



What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price

Minimum of 1/2 cup serving of fruit or a minimum of 1/2 cup serving of vegetable must accompany a reimbursable lunch

Meat or meat alternative

Choice of Vegetable

Choice of Fruit

Grain/Bread

Choice of Milk - 1% white, and fat-free chocolate

Weekly Vegetable Subgroups May Include:

Dark Green - spinach, broccoli, romain and spring salad

Red/Orange - carrots, sweet potatoes, tomatoes, red peppers

Beans/Peas

Starchy - White potatoes, corn, and lima beans

Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges

Vegetable / Fruit
of the
Month

Monday

29

Popcorn Chicken Bowl

or

Turkey & Cheese Hoagie

or

PBJ Uncrustable Craveable

Featured Veggies:

Fresh Cauliflower

Baby Carrots

Choice of Fruit / Choice of Milk

Tuesday

30

Waffles & Sausage

or

Cheeseburger on a Roll

or

PBJ Uncrustable Craveable

Featured Veggies:

Tater Tots

Cherry Tomatoes

Choice of Fruit / Choice of Milk

Wednesday

1

Mac & Cheese

or

Hot Ham & Cheese on Pretzel Roll

or

PBJ Uncrustable Craveable

Featured Veggies:

Cucumber Slices

Baked Beans

Choice of Fruit / Choice of Milk

Thursday

2

Chicken and Gravy
over Biscuit

or

Meatball Hoagie

or

PBJ Uncrustable Craveable

Featured Veggies:

Mashed Potatoes w/ gravy

Cole Slaw

Choice of Fruit / Choice of Milk

Friday

3

Cheese Pizza

Staff Specialty Pizza

or

Fruit & Yogurt Parfait

or

PBJ Uncrustable Craveable

Featured Veggies:

Garden Salad

Cucumber Slices

Choice of Fruit / Choice of Milk

6

Chicken Nuggets
with a Dinner Roll

or

Corn Dog Nuggets

or

PBJ Uncrustable Craveable

Featured Veggies:

French Fries

Baby Carrots

Choice of Fruit / Choice of Milk

7

2 Crunchy Beef Tacos

or

Cheesy Hotdog

or

PBJ Uncrustable Craveable

Featured Veggies:

Baked Beans

Lettuce & Tomato Cup

Choice of Fruit / Choice of Milk

8

Chicken Patty
on a roll

or

Pizza Craveable

or

PBJ Uncrustable Craveable

Featured Veggies:

French Fries

Fresh Broccoli

Choice of Fruit / Choice of Milk

9

Pierogies

or

Meatball Hoagie

or

PBJ Uncrustable Craveable

Featured Veggies:

Grape Tomatoes

Cole slaw

Choice of Fruit / Choice of Milk

10

Cheese Pizza

Staff Specialty Pizza

or

Fruit & Yogurt Parfait

or

PBJ Uncrustable Craveable

Featured Veggies:

Garden Salad

Steamed Broccoli

Choice of Fruit / Choice of Milk

13

Popcorn Chicken
w/ Dinner roll

or

Turkey & Cheese Hoagie

PBJ Uncrustable Craveable

Featured Veggies:

French Fries

Fresh Broccoli

Choice of Fruit / Choice of Milk

14

Walking Taco

or

Ham & Cheese Hoagie

PBJ Uncrustable Craveable

Featured Veggies:

Baked Beans

Cucumber Slices

Choice of Fruit / Choice of Milk

15

French Toast Sticks
w/ Sausage Links

or

Turkey & Cheese Hoagie

PBJ Uncrustable Craveable

Featured Veggies:

Celery Sticks

Tater Tots

Choice of Fruit / Choice of Milk

16

Meatballs & Gravy
over Noodles

or

Ham & Cheese Hoagie

PBJ Uncrustable Craveable

Featured Veggies:

Mashed Potatoes w/ gravy

Cherry Tomatoes

Choice of Fruit / Choice of Milk

17

Pepperoni Pizza

Staff Specialty Pizza

or

Turkey & Cheese Hoagie

PBJ Uncrustable Craveable

Featured Veggies:

Buttered Diced Carrots

Cole Slaw

Choice of Fruit / Choice of Milk

20

Italian Dunkers
w/ dipping sauce

or

PBJ Uncrustable Craveable

Featured Veggies:

Assorted Veggies

Assorted Fruits

Choice of Fruit / Choice of Milk

21

2 Beef Tacos
on Soft Tortilla Shell

or

PBJ Uncrustable Craveable

CGJ FUN DAY

Featured Veggies:

Assorted Veggies

Assorted Fruits

Choice of Fruit / Choice of Milk

22

Mac & Cheese

or

PBJ Uncrustable Craveable

JUNIATA & WASSON FUN DAY

Featured Veggies:

Assorted Veggies

Assorted Fruits

Choice of Fruit / Choice of Milk

23

Toasted
Cheese Sandwich

or

PBJ Uncrustable Craveable

Featured Veggies:

Assorted Veggies

Assorted Fruits

Choice of Fruit / Choice of Milk

24

Pepperoni Pizza

Staff Specialty Pizza

or

PBJ Uncrustable Craveable

OKLAHOMA FUN DAY

Featured Veggies:

Assorted Veggies

Assorted Fruits

Choice of Fruit / Choice of Milk

27



28

Cheese Pizza

or

PBJ Uncrustable Craveable

Featured Veggies:

Assorted Veggies

Assorted Fruits

Choice of Fruit / Choice of Milk

29

**LAST
STUDENT
DAY
HAVE A
GREAT
SUMMER!!!!**

31

**THANKS FOR A
GREAT YEAR
SEE YOU
ALL
NEXT
YEAR**

31

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