



What is a Meal?
 You must choose at least 3 of the 4 components available for the school breakfast price.
Choice of: Grain or grain/protein
Choice of fruit or vegetable
 (must take at least a 1/2 cup) and
Choice of Milk - 1% white and fat-free chocolate

You must take at least 1/2 cup of fruit or Fruit Juice

Daily Fruit Selections May Include:
 oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges

GET A GREAT START TO YOUR DAY! HAVE BREAKFAST WITH A FRIEND.
Other Options may include:
Benefit bars, french toast sticks, mini pancakes, waffles
Warm Bagel w/cream cheese
Pancake & Sausage on a stick or Assorted Cereal Bars

ALL STUDENTS MAY HAVE 1 FREE BREAKFAST A DAY



Breakfast Prices
 Student 1st Breakfast free

Adult Breakfast: \$2.10

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USDA is an equal opportunity provider and employer.

Monday	Tuesday	Wednesday	Thursday	Friday
29 Egg, Sausage & Cheese on a Crossiant OR Donuts, PBJ Uncrustable Yogurt Parfait CHOICE OF FRUIT OR FRUIT JUICE CHOICE OF MILK	30 Egg, Sausage & Cheese on a Crossiant OR Donuts, PBJ Uncrustable Yogurt Parfait CHOICE OF FRUIT OR FRUIT JUICE CHOICE OF MILK	1 Egg, Sausage & Cheese on a Crossiant OR Donuts, PBJ Uncrustable Yogurt Parfait CHOICE OF FRUIT OR FRUIT JUICE CHOICE OF MILK	2 Egg, Sausage & Cheese on a Crossiant OR Donuts, PBJ Uncrustable Yogurt Parfait CHOICE OF FRUIT OR FRUIT JUICE CHOICE OF MILK	3 Egg, Sausage & Cheese on a Crossiant OR Donuts, PBJ Uncrustable Yogurt Parfait CHOICE OF FRUIT OR FRUIT JUICE CHOICE OF MILK
6 Egg, Sausage & Cheese on a Crossiant OR Donuts, PBJ Uncrustable Yogurt Parfait CHOICE OF FRUIT OR FRUIT JUICE CHOICE OF MILK	7 Egg, Sausage & Cheese on a Crossiant OR Donuts, PBJ Uncrustable Yogurt Parfait CHOICE OF FRUIT OR FRUIT JUICE CHOICE OF MILK	8 Egg, Sausage & Cheese on a Crossiant OR Donuts, PBJ Uncrustable Yogurt Parfait CHOICE OF FRUIT OR FRUIT JUICE CHOICE OF MILK	9 Egg, Sausage & Cheese on a Crossiant OR Donuts, PBJ Uncrustable Yogurt Parfait CHOICE OF FRUIT OR FRUIT JUICE CHOICE OF MILK	10 Egg, Sausage & Cheese on a Crossiant OR Donuts, PBJ Uncrustable Yogurt Parfait CHOICE OF FRUIT OR FRUIT JUICE CHOICE OF MILK
13 Egg, Sausage & Cheese on a Crossiant OR Donuts, PBJ Uncrustable Yogurt Parfait CHOICE OF FRUIT OR FRUIT JUICE CHOICE OF MILK	14 Egg, Sausage & Cheese on a Crossiant OR Donuts, PBJ Uncrustable Yogurt Parfait CHOICE OF FRUIT OR FRUIT JUICE CHOICE OF MILK	15 Egg, Sausage & Cheese on a Crossiant OR Donuts, PBJ Uncrustable Yogurt Parfait CHOICE OF FRUIT OR FRUIT JUICE CHOICE OF MILK	16 Egg, Sausage & Cheese on a Crossiant OR Donuts, PBJ Uncrustable Yogurt Parfait CHOICE OF FRUIT OR FRUIT JUICE CHOICE OF MILK	17 Egg, Sausage & Cheese on a Crossiant OR Donuts, PBJ Uncrustable Yogurt Parfait CHOICE OF FRUIT OR FRUIT JUICE CHOICE OF MILK
20 Egg, Sausage & Cheese on a Crossiant OR Donuts, PBJ Uncrustable Yogurt Parfait CHOICE OF FRUIT OR FRUIT JUICE CHOICE OF MILK	21 Egg, Sausage & Cheese on a Crossiant OR Donuts, PBJ Uncrustable Yogurt Parfait CHOICE OF FRUIT OR FRUIT JUICE CHOICE OF MILK	22 Egg, Sausage & Cheese on a Crossiant OR Donuts, PBJ Uncrustable Yogurt Parfait CHOICE OF FRUIT OR FRUIT JUICE CHOICE OF MILK	23 Egg, Sausage & Cheese on a Crossiant OR Donuts, PBJ Uncrustable Yogurt Parfait CHOICE OF FRUIT OR FRUIT JUICE CHOICE OF MILK	24 Egg, Sausage & Cheese on a Crossiant OR Donuts, PBJ Uncrustable Yogurt Parfait CHOICE OF FRUIT OR FRUIT JUICE CHOICE OF MILK
27 	28 Assorted Breakfast items CHOICE OF FRUIT OR FRUIT JUICE CHOICE OF MILK	29 LAST STUDENT DAY HAVE A GREAT SUMMER!!!!	30	31 Apply here for 24/25 school year jobs 